

## Portion Sizes and School-Age Children

# Sample Meeting Announcement

You can use an announcement to let people know about a meeting. Post it in strategic locations around the school and in the community. Make it attractive and personal.

## Look Who's Talking?

<b>WHO:</b>	<b>Dr. Adam Livingston</b>
<b>WHAT:</b>	<b>PTA Monthly Meeting</b>
<b>WHEN:</b>	<b>November 4 at 7:00 PM</b>
<b>WHERE:</b>	<b>School Cafeteria</b>
<b>WHY:</b>	<b>Dr. Livingston--author, professor, and parent-- will speak about the value and importance of creating a healthy school nutrition environment and the link between nutrition and learning.</b>

**Join us for this lively and thought-provoking session. Learn how you can become a part of Littlefield Elementary School's healthy school nutrition environment project and how you can help your child make healthier choices.**

**Healthy refreshments will be served!**