

How Your 4-H Program Can Feed Summer Meals to Children

Featuring:

Food Bank of Delaware
University of Delaware Extension
University of Missouri Extension





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Webinar Moderator

Summer Food Service Program Basics

- Funds provided by USDA
- Each State Agency administers program
- Children 18 years and younger receive free, nutritious meals
- Organizations, schools, local government agencies, etc. serve the free, nutritious meals at safe and convenient sites in communities
- Operates during summer months when school is out



Participation

- **21 Million children** received free or reduced priced meals during the school year during 2013
- During Summer 2013, we only reached **a fraction of eligible children** with summer meals

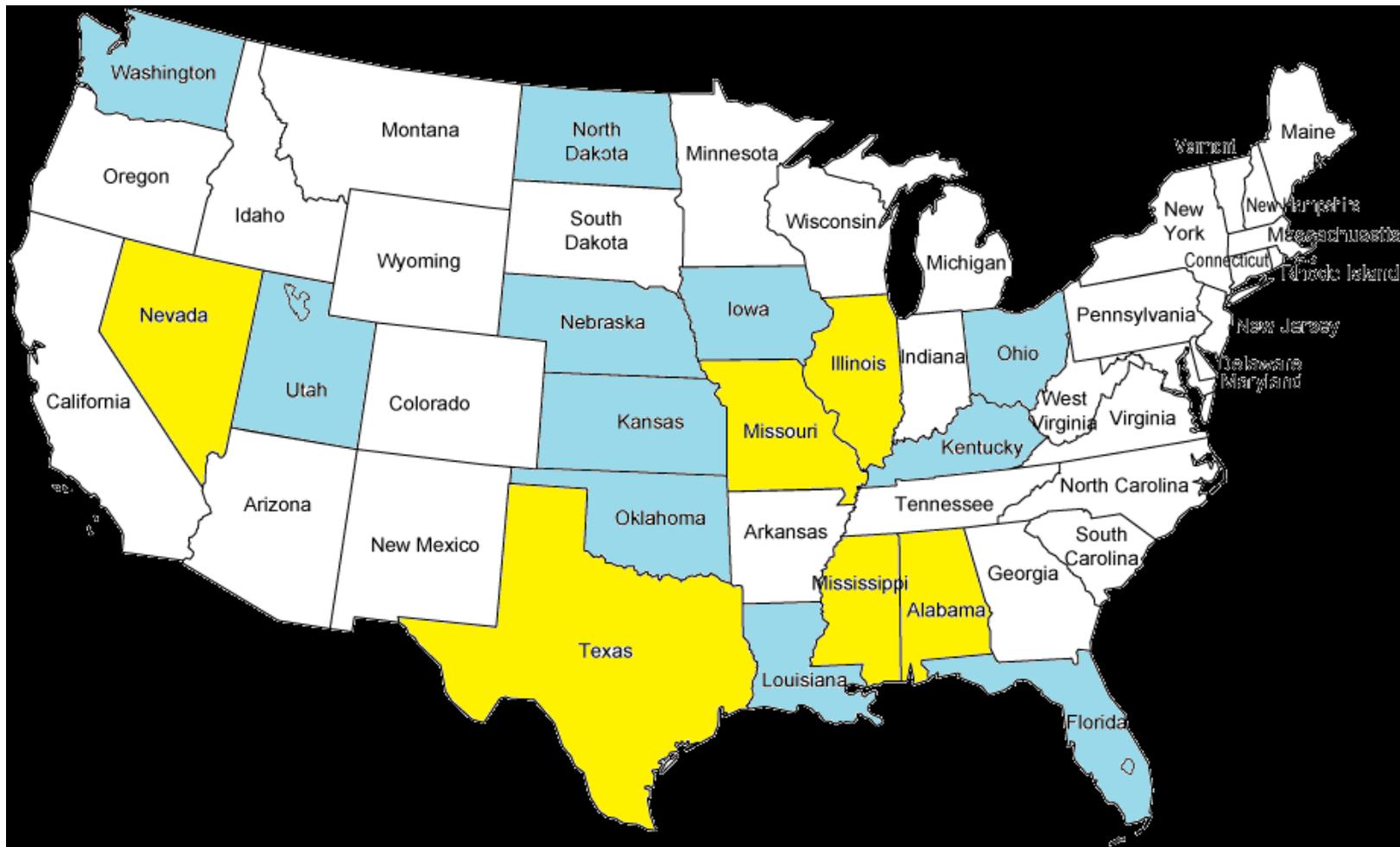


Benefits to Families & Communities

- Gives children the food they need to keep learning, playing, and growing when they are out of school
- Helps families with tight food budgets
- Sites that serve summer meals provide activities to keep children mentally and physically active



Targeted States – FY2014



What Is a "Sponsor"?

Any organization that can handle the financial, administrative, and food service responsibilities of running the Summer Food Service Program. It's usually a school, non-profit, faith-based organization, government entity, etc.



Sponsors come in all shapes and sizes!

What Does a "Sponsor" Do?

- Signs agreement with State Agency setting forth the responsibilities of each party
- State Agency provides training on how to operate the program
- Sponsor has the following responsibilities:
 - Financial and administrative record-keeping
 - Manages food service (prepares food themselves or contracts with food service company)
 - Train sites (sponsor may have from 1-200 sites – **sponsors can be sites themselves!**)
 - Receives reimbursement from States for meals and administrative costs



What Is a "Site"?

- The place where meals are served to the children
- Sites are ideally in an accessible location where children naturally congregate during the summer



local gov't building



trucks/buses/vans



apartments/
housing complexes

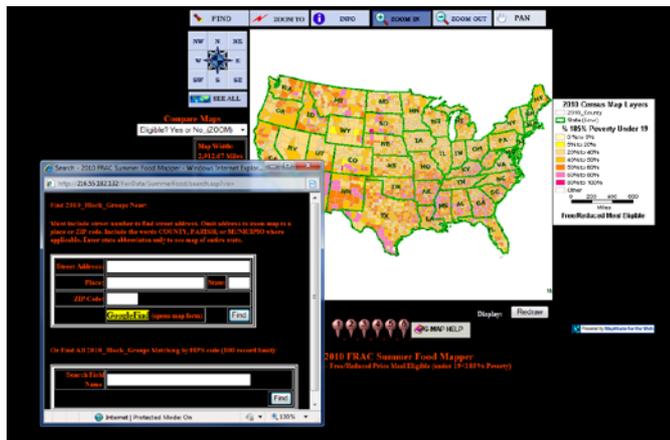


rural areas/
migrant centers



Open Sites vs. Enrolled Sites

- **Open sites** – all children eat free without the need of additional paperwork because the site is *area* eligible



<http://216.55.182.132/FairData/SummerFood/map.asp?command=scope&map=0>

- **Enrolled Sites** – all children eat free because 50% or more of the children *enrolled* at the site are income eligible

The Food Bank of Delaware



Dan Jackson
Hunger Relief Coordinator
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Summer Food Service Program (SFSP)

- ▶ SFSP sponsor since 2002
 - Afterschool Meals Program (CACFP) sponsor since 2003
- ▶ Coverage throughout Delaware
 - Delaware has three counties: Kent, New Castle, and Sussex
- ▶ Monday through Friday
 - Backpacks for the weekend
 - 2 breakfasts, 2 lunches, 2 milks, 2 juices
- ▶ We purchase, prepare, and deliver USDA–approved meals/snacks
- ▶ Train sites to be diligent about ordering/paperwork
 - Avoids waste
 - Ensures that we collect appropriate reimbursement

4-H Relationship

- ▶ I personally treasure every partnership
 - Each site is helping accomplish our goal
- ▶ First name basis with 4-H coordinators
- ▶ Make myself available to address all issues
- ▶ SFSP: 3 sites (only Sussex County)
 - There are other sponsors in Kent County
- ▶ CACFP: 10 sites
 - Including 2 New Castle County sites



Meals Served

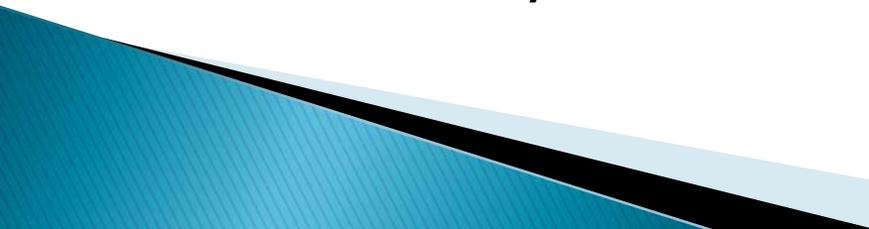
- ▶ Served 70,034 meals and snacks through SFSP in 2013
 - 4-H accounted for over 1,600 meals (roughly 3%)
 - Only operated in one county
 - Different sponsors throughout the state
- ▶ 4-H accounts for over 40 children
 - Potential for over 100 (2 more schools)
- ▶ Served 189,830 meals during 2013–2014 school year through
 - 4-H accounts for 26,713 meals (roughly 14%)

Best Practices

- ▶ Sites call FBD every day
 - Avoids unnecessary food delivery
 - Example: site is not operating
 - Keeps meal counts accurate
- ▶ Purchases/preparation/delivery
 - Runs on FBD schedule
 - Easily fixed errors (wrong # sent to site)
 - Dedicated staff
 - Less mistakes, no communication errors
- ▶ Volunteers are important
 - Account for 60,000 hours of work or 28 FTE's



Overall Benefit

- ▶ 241,600 people rely on FBD services
 - 44% of household members under age 18
 - ▶ In 2012–2013, 4–H served almost 30,000 meals and snacks to children in need
 - ▶ Children who are not hungry do better in school
 - ▶ USDA–approved meals prevent health issues
 - Less likely to eat unhealthy when they get home
- 

Questions or comments

- ▶ Please feel free to contact me 😊
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SUMMER FOOD SERVICE PROGRAM

UNIVERSITY OF DELAWARE 4-H AFTERSCHOOL/SUMMER PROGRAMS

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Cooperative Extension
COLLEGE OF AGRICULTURE &
NATURAL RESOURCES



OPERATIONS OF 4-H AFTERSCHOOL/SUMMER PROGRAM

- 3 locations in Sussex County Delaware
 - Located in Delaware State Housing Authority Communities
 - Hickory Tree 4-H (Selbyville, DE)
 - Burton Village 4-H (Rehoboth, DE)
 - Laverty Lane 4-H (Bridgeville, DE)

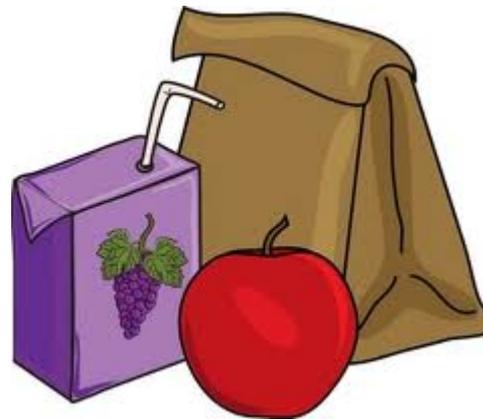


Activities at the programs



NUMBER OF MEALS SERVED

- We serve about
 - 45 meals during the school program
 - and
 - 60 meals during the summer program



CHALLENGES WITH ADMINISTERING PROGRAM

- Not all locations are free of charge during the school year
 - How your location is determined free or a vendor site?
- If a vendor site, meals may start later in the school year.
 - We had to purchase meals
- Funds needed to pay if you are a vendor site
 - Not all grant funds cover

PARTNERSHIPS WITH LOCAL BUSINESSES

- We have a partnerships with
 - Delaware State Housing Authority
 - 21st Century Grant
 - Criminal Justice Council
 - School Districts
 - St. Martha's Episcopal Church of Bethany
 - Food Bank of Delaware

OVERALL BENEFITS OF FOOD BANK TO THE CHILDREN

- Students receive nutritious
 - meal during afterschool program
 - breakfast/lunch or lunch/snack during summer program
- Some students try new foods that they may not have had before
- Students receive nutritious meals at no cost to families

Northwest Missouri 4-H Camp

Crowder State Park

Trenton, Missouri



Becky Simpson

4-H Youth Development Specialist: Daviess, Gentry and Harrison Counties
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Who we serve:

- *200 youth ages 8-13; 2 identical weeks of camp*
- *12 counselors per week; ages 14-18*
- *25 youth ages 5-7; Clover Kid Family Camp
Weekend between regular camp*

History with grant:

- *2007 first year*
 - *Camp director and head cook trained*
 - *10 youth total qualified in 2 weeks of camp*
- *2014*
 - *Camp director, secondary youth specialist and head cook attend training—Shared responsibilities*
 - *All youth required to turn in income eligibility forms; 40+ qualified in 2013.*

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M Extension



Meals served:

- *Breakfast, lunch and dinner*
 - *Head cook previously directed grant for local school district.*
 - *FCCLA Advisor and school teacher*
 - *3 meals a day for 4 days*

Lessons Learned:

- *Don't be a Lone Ranger*
- *Require all youth to submit eligibility forms*
- *Check and double check forms*
- *Consistent record keeping*
- *Food purchasing*

Question & Answer Session!

Type your question in the text field in the lower left hand corner of your webinar window

OR

Dial *1 on your telephones to ask a question by phone

Today's Presenters:

- **Tony Craddock, Jr.**, USDA Food & Nutrition Service
- **Daniel Jackson**, Food Bank of Delaware
- **Lindsay Hughes**, University of Delaware Extension
- **Becky Simpson**, University of Missouri Extension