

USDA Foods Product Information Sheet

For Child Nutrition Programs



110730—Pork, Pulled, Cooked, Frozen

Category: **Meat/Meat Alternate**



PRODUCT DESCRIPTION

This item is a fully cooked, minimally seasoned pulled pork. This product is delivered frozen in cases containing eight 5-pound or four 10-pound packages.

CREDITING/YIELD

- One case of pulled pork provides about 320 2-ounce portions.
- CN Crediting: 2 ounces of pulled pork credits as 1 ounce equivalent meat/meat alternate. Confirm individual vendor crediting by using the CN Label or the product formulation statement.

CULINARY TIPS AND RECIPES

- Pulled pork can be used as a protein component in dishes such as sandwiches, wraps, burritos, fajitas, or casseroles.
- The minimally seasoned formulation allows schools to customize the flavor profile. Try adding barbeque sauce, Asian seasonings, or Latin flavors to use this product in a variety of ways in your menu cycle.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 2 ounce (56 g)/1 MMA pulled pork

Amount Per Serving

Calories 114

Total Fat 5g

Saturated Fat 2g

Trans Fat 1g

Cholesterol 50mg

Sodium 241mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 11g

Source: USDA Foods Vendor Labels

Allergen Information: The specification does not permit the use of gluten-containing ingredients. Please refer to allergen statement on the outside of the product package for additional vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.