

USDA Foods Product Information Sheet

For Child Nutrition Programs



110506– Spaghetti, Whole Grain-Rich Blend

Category: Grains (Whole Grain-Rich)



PRODUCT DESCRIPTION

This item is whole grain-rich spaghetti that is made with 50-65% U.S. No. 1 whole durum wheat flour and the remaining grain is enriched flour. This item is available in a 20 pound case.

CREDITING/YIELD

- One case of whole grain-rich spaghetti yields about 320 ounces of uncooked pasta.
- CN Crediting: 1/2 cup cooked or 1 ounce dry macaroni credits as 1 oz. equivalent grains.

CULINARY TIPS AND RECIPES

- Whole grain-rich spaghetti can be used as the grain component in soups, salads, or casseroles. This product can also be served in a more traditional way topped with tomato sauce and cheese.
- Using whole grain-rich spaghetti in recipes can help schools meet the whole grain-rich criteria in the updated school meal patterns.
- To find culinary techniques and recipe ideas, visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1 ounce dry spaghetti, whole grain-rich

Amount Per Serving

Calories 105

Total Fat 1g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 0mg

Total Carbohydrate 21g

Dietary Fiber 2g

Sugars 1g

Protein 3g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.