

USDA Foods Product Information Sheet

For Child Nutrition Programs



110161— Fruit Mix, Dried

Category: **Fruit**



PRODUCT DESCRIPTION

This is U.S. Grade B dried fruit mix that contains a combination of the following four ingredients in equal portions: dried apples, diced; dried cherries; dried cranberries; raisins. This product is available in cases containing five 5-pound bags.

CREDITING/YIELD

- One case provides approximately 320 ¼-cup servings of dried fruit.
- CN Crediting: ¼ cup dried fruit credits as ½ cup fruit.

CULINARY TIPS AND RECIPES

- Dried fruit mix can be served plain or used in trail mix, granola, or as a topping for yogurt or oatmeal.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD STORAGE INFORMATION

- For best results, store dried fruit at 70° F or cooler. Optimal storage involves cold storage, such as refrigerator or freezer temperatures.
- For best results, do not store dried fruit near other grain-based foods, such as cereals, rice, flour, or baking mixes.

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/4 cup (35 g) dried fruit mix

Amount Per Serving

Calories 104

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 7mg

Total Carbohydrate 27g

Dietary Fiber 2g

Sugars 23g

Protein 0g

Source: [USDA National Nutrient Database](#)

Allergen Information: Product may contain sulfites. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.