

USDA Foods Product Information Sheet

For Child Nutrition Programs



100356— Potato, Wedges, Fat Free, Low-sodium

Category: **Vegetables**
Subgroup: **Starchy**



PRODUCT DESCRIPTION

This item is U. S. Grade A individually quick frozen (IQF) potato wedges prepared from Russet type potatoes. The potato wedges are low-sodium and fat free. This product is blanched with water and may contain an optional coating for color or texture. This item is delivered frozen in cases containing six 5-pound bags.

CREDITING/YIELD

- One case of potato wedges yields about 179 ½-cup servings.
- CN Crediting: ½ cup cooked potato wedges credits as ½ cup starchy vegetable.

CULINARY TIPS AND RECIPES

- Potato wedges can be served as a side or be cut up and added to casseroles.
- To find culinary techniques and many recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (78 g) potato wedges, low-sodium, fat free

Amount Per Serving

Calories 84

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 100mg

Total Carbohydrate 19g

Dietary Fiber 2g

Sugars 1g

Protein 2g

Source: USDA Foods Vendor Information

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.