

USDA Foods Product Information Sheet

For Child Nutrition Programs



100125—Turkey, Roast, Frozen

Category: **Meat/Meat Alternate**



PRODUCT DESCRIPTION

This item is Grade A ready-to-cook turkey roast produced from breast meat, thigh meat, and skin. This product is shipped frozen in cases containing four 8-12 pound roasts.

CREDITING/YIELD

- One pound of turkey roast provides approximately 10.5 1-ounce portions of cooked turkey roast. The total portions per case will vary depending on the weight of each roast.
- CN Crediting: 1 ounce cooked turkey roast credits as 1 ounce equivalent meat/meat alternate.

CULINARY TIPS AND RECIPES

- Turkey roast can be cooked and served sliced or used in recipes such as soups, pasta dishes, and casseroles.
- For more culinary techniques and recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1.52 ounces raw (43 g)/1 MMA turkey roast

Amount Per Serving

Calories 57

Total Fat 3g

Saturated Fat 1g

Trans Fat 0g

Cholesterol 23mg

Sodium 194mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 8g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.