



The School Day Just Got Healthier

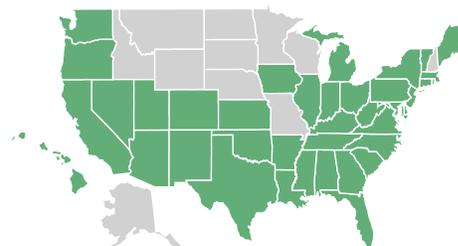
Childhood obesity has more than doubled in children and quadrupled in adolescents over the past 30 years, leading to increased risks for cardiovascular disease, diabetes, and breathing problems. Thanks to the Healthy Hunger-Free Kids Act, major improvements are being made across the country to promote better nutrition, reduce obesity, and create a healthier next generation.



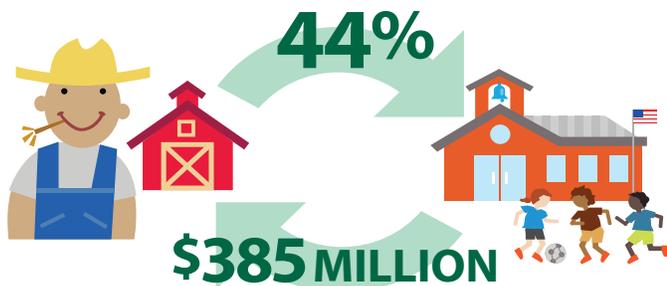
Over **80%** of Americans favor national nutrition standards for snacks and à la carte foods sold in U.S. schools.



Thanks to the updated standards, kids are now eating up to **16% more veggies** and **23% more fruit** at lunch.



Before the Smart Snacks in School rule **39 states** already had standards in place. Schools have had a **full year** to implement these changes.



Over **44%** of schools are participating in farm to school programs, leading to **\$385 million** in local purchases.



School breakfast participation has **increased 28%** over the past 7 years. Students who eat school breakfast have been shown to achieve higher test scores and miss fewer days of school.

Learn more about supporting healthy choices at school at <http://www.fns.usda.gov/healthierschoolday>.

For Resources refer to <http://www.fns.usda.gov/sites/default/files/hsd-infographics.pdf>